COVID-19: SOP for passenger movement post disembarkation- Kerala

Quarantine
Kerala is the only state in India that mandates 28 days of home quarantine for those returning from countries affected by coronavirus or red/high risk zones, while the national guidelines for India is 14 days.[18][36] People who are advised home quarantine are advised to stay at their homes during the 28-day period, and report to healthcare authorities if they show symptoms of coronavirus infection.

Pre-arrival Protocols
Passengers inside flights will be seated in a zig-zag fashion, wearing masks. 45 minutes before arrival, announcements will be made inside the flight about quarantine procedures. Travellers will have to fill in self-report forms and submit at the help desk. 15 to 20 people will be deboarded at a time, with one-metre distance between them. At the aerobridge, their temperatures will be checked. Those running a fever will be sent to the isolation bay. If they do not have a fever, they will be directed to the help desks. Each of the help desks will be manned by a doctor, staff nurse, volunteer and a data entry operator. Passengers are checked for fever or other symptoms at the help desk by the doctor. If they do, they are directed to the isolation bay.

The Indian Consulate had appealed to passengers not to overcrowd the airport, maintain social distancing and follow all necessary precautions stipulated by the authorities. Air India crew members on board the repatriation flights will be fully protected with protective gear, including Personal Protective Equipment, to reduce the risk of contracting coronavirus.

Post-arrival Protocols
Separate mobile health applications have been created to register and track the expatriates who will arrive at three of the airports in the first phase – Kochi, Thiruvananthapuram and Kozhikode. The app to be used at Thiruvananthapuram is named ‘Karuthal’ (precaution in Malayalam), the one designed for Kochi is Ayuraksha and the one for Kozhikode is Agamanam (arrival in Malayalam). All the details of those who have registered on the NORKA website have been plugged into the app. Using QR codes, each of the travelers can be contacted and traced.

Initially, there will be a basic medical screening for those wishing to return home. Only those found asymptomatic will be allowed to board the aircraft. Medical teams will be deployed at the arrival lounge with screening facilities. The passengers will be home quarantined for 14 days and monitored by ward-level Vigil Committees in their residences. Those who wanted to stay in corona care homes will be shifted to such centres near airports. The state government has requested the Centre Government to provide passengers' list before their arrival in Kerala Airports. The expatriates has to strictly undergo the mandatory quarantine
time period in government-arranged facilities of seven days. On the seventh day, PCR test for coronavirus will be conducted and those who tested negative will be sent home. The test result will be announced the next day. Those who test positive will be sent to hospitals. Those who proceed to their homes will have to remain in quarantine for one more week. Antibody tests would also be widely done on overseas returnees.

- **COVID-19 hotspots in Kerala (District)**

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<tr>
<th>Zone</th>
<th>District(s)</th>
<th>Rules</th>
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| Red Zone | Kannur, Kottayam                                 | • Lock-down will remain strict until May 31 in these districts.  
• In these districts, severely infected hotspots will be found separately. The boundaries of such villages will be closed.  
• Only one entry point and exit point will be allowed.  
• Food supplies have to be delivered through government sanctioned routes only. |
| Orange Zone | Idukki, Kasargod, Kollam, Kozhikode, Malappuram, Palakkad, Pathanamthitta, Thiruvananthapuram, Wayanad | • Strict Lock-down until May 31.  
• In these districts, severely infected hotspots will be found (particular panchayats, wards, corporate divisions) separately and will be closed completely.  
• District administrations will decide which areas should be included in hotspots.  
• Movie theaters and shrines to be closed.  
• Public and private events and other gatherings will be banned until May 3.  
• People are not allowed to get together.  
• District-wide traveling are not allowed.  
• No more than 20 people are allowed for weddings or funerals. |
| Green Zone | Alappuzha, Thrissur, Ernakulam                  | • Districts must comply with general safety precautions.  
• The concessions granted by the Central Government would be implemented throughout the state. But, in some respects, there will be special
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<th>restrictions.</th>
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<td>• The debt markets in these districts are allowed to open from 7am to 7pm on six days a week.</td>
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<td>• Only 50% of the employees are allowed to work in service areas.</td>
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<td>• Taxis and Uber cabs are allowed. Only the driver and two passengers.</td>
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<td>• Pillion riding will not be allowed on two-wheelers.</td>
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